



# CHHAPS CHALLENGE

“100 HOURS IN 100 DAYS”

JULY 1 – OCTOBER 11, 2021

## Participant Guide

### OVERVIEW –

The Canadian Horse Heritage & Preservation Society is pleased to host the “100 Hours in 100 Days” virtual challenge, taking place from July 1 (Canada Day) to October 11 (Canadian Thanksgiving), 2021. The CHHAPS Challenge provides horse owners with a dedicated time to strengthen the partnership with their horse, connect with others, and support a good cause.

The CHHAPS Challenge is open to Canadian horses and all other breeds. Horses may represent any discipline and be of any age capable of completing 100 hours in 100 days. For example, a young horse not yet under saddle may earn hours through ground work, in-hand schooling and general grooming. Ponies, Donkeys and Mules are also welcome!

This virtual event comes at a time when COVID has cancelled or limited many shows and equine activities. Without the large equine expositions and agricultural fairs typically used to generate awareness of the endangered Canadian horse, CHHAPS has chosen a virtual event as a creative alternative.

The challenge allows CHHAPS members and Canadian horse fans to not only re-connect, but invite their friends! Riders have the opportunity to participate with equestrians from across Canada and the US, join a team, earn a medal, and meet other rare breeds along the way! Even without access to a trailer or shows, riders are able to set a goal, embrace the journey, connect in our private Facebook group, and support the National Horse of Canada.

### CAUSES-

Proceeds from the CHHAPS Challenge will be shared with two non-profit organizations dedicated to preserving the Canadian Horse:

- [Canadian Horse Rescue and Rehoming Society](#), serving at-risk or in-need Canadians located in Canada and the US.
- [Canadian Horse Heritage and Preservation Society](#), generating breed awareness through educational activities, events, breed displays and demos at equine expos and fairs.

**REGISTRATION** – sign up on our Race Roster page! [CLICK HERE](#)

- Separate registration required for each equine, (horse, donkey or mule).
- Junior riders (18 & under) may participate, but a parent or legal guardian must register them for the event.

## **NEXT STEPS** –

Once you're registered, follow these steps to get ready for the CHHAPS Challenge:

### **STEP 1: Join our private Facebook group -**

Registered participants will receive an invitation from the Challenge Coordinator. Share photos of your journey and connect with others.

Not on social media? No problem! On our [Race Roster page](#), click “View Gallery” for another way to share your favorite pics captured during the CHHAPS Challenge. Photos uploaded to Race Roster have public visibility and can be shared on social media.

### **STEP 2: Encourage your friends to join the CHHAPS Challenge!**

### **STEP 3: Download the Hours Tracker -**

*(Available in Word and Excel formats. Your link to the form will be in your “thank you for registering” message received right after registering).*

## **HOURS TRACKER** –

The Hours Tracker is a form to keep at the barn where it's easily assessable. Use it to make note of the hours and activities of a given day with your horse. Whenever you update your hours in Race Roster, refer to your Hours Tracker for easy reference.

- **Hours:** Qualifying hours and minutes spent with your horse – **Required**

See “What’s considered 1-hour” below. Hours do not need to be earned on consecutive days. Blank dates represent days off. Participants must enter their Hours/Minutes into Race Roster to qualify for the commemorative pin and awards.

The more often you update your hours in Race Roster, the more realistic your placing visibility will appear on the leaderboard. Have fun watching your progress as October 11 approaches!

- **Distance:** The number of kilometers you and your horse walk, trot or canter during the 100 days – **Optional**.

Trail, endurance, or any participant striving for the Longest Journey Award may choose to track Distance. This can be the distance you and your horse cover in-hand, in-harness, and/or under-saddle - any combination works! (Sorry – the distance your horse travels in a trailer doesn't count).

Helpful Link: [Miles to Kilometers Converter](#)

- **Activity Description:** Use this section to write a brief record of what you and your horse did that day. **Required in the event of a tie.** Sample entries:
  - Trail Ride, grooming/bath
  - Jumping Lesson, cool-down hack, grooming
  - Area Dressage show, trailering time, warm-up & 2 tests

### **QUALIFYING HOURS – What’s considered 1-hour?**

“One hour” is more than just time in the saddle. In addition to riding or driving, participants earn qualifying time doing other activities focused on the horse’s care or training. After all, we strengthen the relationship with our horses through both mounted and un-mounted activities.

#### **Hours to include:**

- Mounted activities: General schooling, trail riding, parades, demos, lessons, showing, and riding in clinics. Include warm-up time and cool-down hacks at home or when attending shows/clinics/special events.
- Driving: in-harness work (horse may be single or part of a team)
- Grooming, bathing, braiding mane, tacking/un-tacking.
- Lunging, long-lining, ground-driving.
- Ground work or liberty work.
- Equine Assisted Learning or therapeutic riding activities you and your horse provide.
- In-hand (i.e. halter training young foal, hand walking, versatility/obstacles training).
- Ranch or farm work: logging, skidding, plowing, harrowing, working cows.
- Trailering your own horse: measured in travel time. (Taking your horse to public events or on outings increases the opportunity for people to meet endangered breeds).

#### **Hours NOT to include:**

- Feeding, mucking stalls, cleaning paddocks, mending fences, cleaning tack and other general barn chores.
- Work with your horse NOT performed by the registered participant, (i.e., trainer schooling or showing your horse).
- Time at horse shows when the horse is resting between classes at the trailer/stable.
- Horse receiving services from a veterinarian, equine dentist, chiropractor or other professional.
- Horse being shod (unless participant is personally shoeing or trimming their horse).
- Having your horse transported by a professional shipper.

## **AWARDS – Finisher Recognition & Medals**

Keep track of your hours throughout the 100 days using the complimentary **Hours Tracker**. Tracking kilometers is only required for the Longest Journey Award or if distance is part of your personal goals. Update your total hours/minutes (and kilometers) into Race Roster by 11:59PM PDT on October 11, 2021, to qualify for:

**Commemorative Pin** - Mailed to each participant who completes 100 Hours in 100 Days!

**Medals** - recognizing special achievements. *(Participant must complete the challenge with the same horse listed in their challenge registration).*

- **High Achievers** - Honoring participants with the highest number of HOURS\*. Three medals per division to be awarded based on Handler's age: Juniors (age 18 and under), Adults (age 19-54), and Masters (age 55+).

**Canadian Horse Division** - Registered Canadian Horses & Handlers.

**Endangered Breed Division** - (Non-Canadian horses) Endangered-breed Horses & Handlers. (Endangered breeds per [Heritage Livestock Canada](#), [Livestock Conservancy](#) or [Equus Survival Trust](#) listings).

**Open Breed Division** - Horses (non-endangered breeds) & Handlers. (Horse does not need to be registered with any breed).

- **Longest Journey** - Horse & Handler that completes 100 hours in 100 days and chooses to track their DISTANCE, (measured in most kilometers mounted, in-harness, and/or in-hand).
- **Sensational Seniors** - Oldest Horse & Handler (combined verified age).
- **Rising Stars** - Youngest Horse & Handler (combined verified age).
- **Journalism Award** - Best submission under 500 words. Tell us about your experience! Did you overcome a challenge? Have a unique experience with your horse? Embrace a new discipline? Accomplish a goal? (top picks to be featured in future CHHAPS newsletters).

**Team Award** - Certificates awarded to members of the team that generate the most participants in the CHHAPS Challenge.

Get your club, organization or barn involved! Team Captains may choose to award additional prizes to their team members. Get creative and add some fun: For example, a trainer who has created a team for her stable, could donate a lesson to the team member with the most hours. Or, find a local farm store willing to donate a gift certificate to the rider with the most kilometers. *(Additional team awards are at the discretion and expense of the individual teams).*

**Personal Accomplishment** - spending dedicated time with your horse - *Priceless!*

*\* Eligible High Achievers are required to submit a completed Hours Tracker as proof of completion to the Challenge Coordinator ([challenge@chhaps.ca](mailto:challenge@chhaps.ca)) by October 15. Winners to be announced after verification.*

#### **STEP 4: Set a Personal Goal –**

Maximize your experience! Identify what you'd like to strengthen in your partnership, your skill set, or your horse's experience level. While setting a goal is optional, consider using this dedicated time with your horse to enhance your connection and capabilities. Creating a sense of purpose increases your commitment and motivation to continue for the 100 days.

#### **STEP 5: Update your Hours in Race Roster -**

Update Hours/Minutes in Race Roster after each ride, weekly, every 2 weeks, monthly - whatever works for YOU. Please note:

- Duration and Distance (Hours/Minutes and Kilometers) need to be updated AT LEAST at the end of each month. The more frequent your updates, the more current your ranking will appear under results!
- *If you opt NOT to track distance*, simply enter a 1 into the kilometers field each time you update your hours. Kilometers is a required field in Race Roster.
- When updating Hours/Minutes, Seconds is a required field in Race Roster. Simply enter 00.
- FINAL updates to Race Roster must be made by 11:59PM on 10/11/2021.

**Award Verification** - Eligible High Achievers must submit a copy of their Hours Tracker to the Challenge Coordinator, as proof of completion by October 15. In the event of a tie, the winner would be the handler who demonstrates best stewardship, balancing training and care for their equine.

### **ENJOY THE CHHAPS CHALLENGE!**

**Additional info will be emailed to participants and posted in the private Facebook group throughout the 100 days. Watch for award updates and fun photo requests!**

**Got Questions?** Contact the Challenge Coordinator at [Challenge@chhaps.ca](mailto:Challenge@chhaps.ca)